



P.O. Box 61
Keavy, KY 40737



keavychurchofchrist.com



keavychurchofchrist@outlook.com



Brother Mark Tabata
(606) 216-1757
(Text or Call)

ADDITIONAL CONTACTS

Bill Browning 606-864-2064
Jim Day 863-532-8039
Paul Matney 606-521-8090



KEAVY CHURCH OF CHRIST

371 LEVEL GREEN ROAD, CORBIN, KY 40701

Across from Keavy Elementary School

MEETING TIMES



Sunday Bible Classes (All Ages) 10:00 AM



Sunday Morning Worship 11:00 AM



Sunday Evening Worship 5:00 PM



Tuesday Support Group for Addicts and Survivors of Domestic Violence 6:00 PM



Wednesday Afternoon & Evening Jail Ministry @ Knox County Detention Center 1:00 PM



Wednesday Evening Bible Classes 5:00 PM

WELCOME TO THE KEAVY CHURCH OF CHRIST!

(August 16 2026)

- Visitors: Please fill out a visitor card and grab a Visitor Welcome Kit!
- Communion is available in the front of the building on the table.
- If you would like to be subscribed to brother Mark Tabata's email list (for weekday devotionals and other Bible and Bible related studies), please let him know!

August Prayer List

Kurt And Joanne Martin, Sanders Family, Eddie Craft (Cancer), Jimmy Brooks (Tammy's cousin, cancer), Kathy Mingus (Cancer), Anne Baker (Cancer), Sandi Tabata, Bill and Mary Ruth Browning, David and Ivy Mosley, Margie Turner (Hospice), Jake Robbins (Cancer), Coy Gilliam (Cancer), Carman Carroll, Edward Young Sr., Ed Young, Harmony Mullins, Claude Humphrey (Cancer), Felicity Lanham (Cancer), Piere Daigel, People In Ukraine, Barbourville Work, Rod Hill (Cancer-friend of brother Paul), Charlene Reef (Cancer), Jimmy Turner (Cancer), Danny Day, Kathy McFall (Brother Gary Lewis' Cousin, Cancer), Lisa Hurt, Amanda Clark, Keith And Kathy Bowling, Quintin Nelton (Traveling), Kenny Irvin, James Williams, Shirley Lawson, Josh Lewis, Krista Cox,, Molly And Ebb Baker, Dana Sanders (Surgery), Roger And Sandra Frazier, Linda Lewis Friend (Bad Fall), Parker Lisle Family (Lost Loved Ones), Robert Melton (Sick), Kevin Taylor, Joyce Elliot, Johnny Lovell Taylor, Thanlan Bumgardner

Announcements

- Billie Martin will be having heart surgery this week. Please remember him in your prayers.
- Sister Kristina Helton's mother, Barb Helton, had heart surgery this past week and is recuperating.
- We express our deepest condolences to the Sanders family over the passing of their brother in law, Frankie.
- Thanks to everyone who helped with the Back To School program last Sunday!
- Special thanks to brother Paul for preaching for brother Mark as he is away this Sunday in West Virginia.
- Regularly Scheduled Events; Sunday Bible Class All Ages (Every Sunday @ 10:00); Sunday Worship (Every Sunday @ 11:00 AM And 5:00 PM); Wednesday Evening Bible Class All Ages (Every Wednesday @ 5:00); Keavy Ladies And Supportive Saints (K.L.A.S.S. Every First Sunday Of The Month After Evening Service); Keavy Support Group And Youth Group Meeting (Every Tuesday @ 6:00); Keavy Fellowship Meal (Every Last Sunday of The Month After Morning Service)

When You Are Working Through Personal Trauma

Lamentations 3:15-30 (CEV)-God has turned my life sour. 16 He made me eat gravel and rubbed me in the dirt. 17 I cannot find peace or remember happiness. 18 I tell myself, "I am finished! I can't count on the LORD to do anything for me." 19 Just thinking of my troubles and my lonely wandering makes me miserable. 20 That's all I ever think about, and I am depressed. 21 Then I remember something that fills me with hope. 22 The LORD's kindness never fails! If he had not been merciful, we would have been destroyed. 23 The LORD can always be trusted to show mercy each morning. 24 Deep in my heart I say, "The LORD is all I need; I can depend on him!" 25 The LORD is kind to everyone who trusts and obeys him. 26 It is good to wait patiently for the LORD to save us. 27 When we are young, it is good to struggle hard. 28 and to sit silently alone, if this is what the LORD intends. 29 Being rubbed in the dirt can teach us a lesson; 30 we can also learn from insults and hard knocks.

Lamentations is a funeral dirge that Jeremiah writes as he wanders around the destroyed city of Jerusalem. It had been devastated by the nation of Babylon in 586 BC, and its people taken captive. Jeremiah was no doubt absolutely horrified by the suffering and pain that he himself had both experienced and witnessed. From this passage, we can learn several things as we ourselves are going through difficult and traumatic times. First, be honest about whatever you are feeling. When I lost a dear friend some years back, my wise wife encouraged me to let myself feel whatever I was feeling. It was strange: it was almost like I needed to give myself permission to grieve. Sometimes what we are feeling may be confusion, doubt, or anger with God. Did you know that about seventy percent of the Book of Psalms is filled with angry lament towards the Lord? Sometimes we don't understand why things happen, and it is alright to let God know how and what we are feeling. Second, in his grief, Jeremiah also took time to consider the goodness and mercies of God. It has been said that one of the reasons why tragedy is so terrible is because we are often so accustomed to the goodness of God in our lives that we begin to take those blessings for granted. Jeremiah reminds himself that while acknowledging his grief, he needs to allow himself to see the goodness of God displayed everyday. We need to do the same as well. It is always good to "count your blessings." Finally, Jeremiah trusts that God has allowed the hardships the Jewish people faced in order to bring about good. Through the suffering of life, he learns that "being rubbed in the dirt can teach us a lesson; we can also learn from insults and hard knocks." When you are facing and working through personal hardship and trauma in your life, trust in God's goodness and His wisdom, even if you don't see it right away. God sees further than we do. Remember that even in the craziness and chaos, He is working to bring good.